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Volume 4, Issue 1

The Valley News

CCBA News

By Suzanne Tonnesen – CCBA

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The CCBA just wants to send a friendly reminder to everyone this month that the Community Building has two main fundraisers every year: Association Dues (\$20.00/year) in April and the Chili Supper/Auction in October. Well, April has come and gone, and if you haven't already paid your dues this year, the CCBA would greatly appreciate the contribution. We are a non-profit organization and all proceeds benefit the maintenance and repair of the Community Building. Dues can be

mailed to PO Box 15 in Coaldale. Thanks so much for your continued support!

The Chili Supper/Auction in October will need volunteers and ideas for auction items. If anyone can help organize the auction this year or has ideas for donations, please call Suzanne 942-3935.

Coaldale Community Cemetery Association

The new flagpole is up, and a new flag is flying in the new cemetery. Thanks to Bill Power and his vintage Oliver tractor for help in getting the rope unstuck!

The plaques telling that the new fence at the old cemetery was donated by Dean & Bernita DeVore are installed, one next to each walk-through entrance. Thanks to Jim

Lane for making such beautiful western red cedar plaques to mount the signs on.

Gridding of the new cemetery will start sometime this month.

Work on the new gazebo is also expected to start soon.

Articles Needed

If you have a story to tell about living in the area some years ago, or recipes to offer, or any other "newsy stuff", please call Ray Edwards, 942-3204.

Without input, this newsletter will die.



Cotopaxi Well Adult Clinic

By Laurie Wertzbaugher

The well adult clinic is held the third Wednesday of every month by appointment only. The clinic is designed to provide area residents a chance to see a registered nurse monthly for BP screening, BG readings, Hct screenings, oxygen saturation readings, and general health promotion. Review of

medications and answers to medication questions can be done. The clinic is held in the Cotopaxi Health Clinic and appointments can be made with Laurie Wertzbaugher, RNMSN, by calling Fremont County nursing Service at 719-275-1626. The clinic has been coming to the area for over 20

years and was previously held in Coaldale. New patients are always welcome.

Laurie Wertzbaugher RNMSN
Fremont County Nursing Service
Cañon City, CO 81212

Coaldale Quilters

The Coaldale Quilters are on hiatus until September. Then, we will meet every Tuesday at the Community Building. Many projects have been started or completed last winter and many more projects will get going this

fall. All are always welcome --- and remember, if you don't quilt: bring something else you like to work on or come and the group will help you learn the art of quilting. A sack lunch is recommended. The get-

together start around 9:00 and go until you are ready to depart for home. A good fellowship is always enjoyed.

Coaldale Valley Club

By Becky Olson, President

We are on summer break. Our meetings will start up again on September 3rd, 2009.

Come join us, our luncheon begins at noon on the first Thursday of the month, September thru June. If you have any questions please

feel free to contact Becky Olson, president, at 942-3071 or Sharon Clifton, secretary, at 942-4397.



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Tractor Display

A group of men get together every Thursday at Barry's Den, at Texas Creek Junction, for breakfast and to "solve the world's problems." In honor of Independence Day, some of them decided drive tractors to breakfast, with flags displayed on the tractors.

In the photo below right, the lineup includes 11 tractors. Some of the vintages are not known, so "guesstimates" are given. At the front left is Jim Lane's 1947 John Deere Model B, with a late 1960's Cockshutt 1655 (built in Canada by

Oliver) behind it. Others include a John Deere 2040 from the 1980's, five Oliver's, a 1952 Model 88, a 1958 880, a 1550 from the 1960's, a 1655 from the late 1960's, and a 1500 from the 1960's, a 1947 Ford 8N, and a 2003 New Holland TS10, pulling a trailer with a 1958 International Loboy on it.

In the photo below left, the tractor drivers are shown. From left to right, in the front, are John Bovaird, Davis Bovaird, Dan Hummel, Jim Oslin,

Leo Neal, Wayne Spight, Avis Dempsey, and Jim Mathers. On the trailer are Rod Carpenter, the "instigator", and Jim Lane. The tractor on the trailer is the International Loboy.

Thanks to Mark and Brandy Barry for the use of their front parking lot. And thanks, as always, for the good food. Everyone enjoyed a good time and good fellowship.



Don't forget, you can see these photos in color at either of the 2 Web sites listed at the end of this Newsletter.

The Recipe Corner

This issue's recipes are from Dena Edwards.

Marinated Roast Beef

2 – 3 lb. Beef Roast	½ tsp mustard
½ c burgundy	1 Tbsp Worcestershire
½ c beef broth	1 Tbsp soy sauce
¼ tsp dried thyme*	½ sliced onion
½ tsp rosemary*	1 bay leaf
½ tsp minced garlic*	* May substitute fresh, as desired.

1. To make the marinade, mix together all ingredients except the roast and onion.
2. Brown roast. Place onions in bottom of covered casserole, then the roast.
3. Pour marinade over roast.
4. Bake at 325 F until done to the desired degree, per a meat thermometer.

Apple Dessert

Batter:

½ c sugar	½ tsp cinnamon
1 egg	½ c sifted flour
¼ c melted butter	

The batter should be quite thick. Preheat oven to 350 F.

Grease a 9" sq. casserole well with butter. Slice 3 cups of apples thin and cover with ½ c of sugar and cinnamon (mixed to your preference). Put in casserole. Cover with the batter and bake for about 50 min. until done.

Note: Other fruit may be substituted; an adjustment to the amount of sugar/cinnamon may be required.



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Christian Women's Connection

By Celeste Strid, Chair

Want to get away for an afternoon of fun and inspiration? All ladies of Coaldale and surrounding communities are invited to come to the Christian Women's Connection luncheons, held on the third Wednesday of each month at 12 pm at the Coaldale Community Building.

On August 19th we'll give a good example of the zany kind of thing we love! The theme will be "Breakfast in Bed!" and we are inviting all to get in the spirit by coming in P.J.s, robe and slippers, or whatever "get up" you'd like to wear to a pajama party! We'll enjoy a sumptuous breakfast feast while Pat Maher, of Salida, will tell eye-opening stories of historic hotels in Colorado. Beth Ann Zeller, of Westcliffe, who has an awesome trained voice, will sing, and speaker

Carolyn Kepner's inspiring tale "When 911 Isn't Enough" will keep us on the edge of our seats. For sure there'll be much fun and laughter.

In September, on the 16th, we'll be a little more serious with "That's Life!", as we explore a community service that gives out hope! Nancy Hollen from the Salida Pregnancy Center will present their program of reaching out to assist young mothers in desperate need. We will invite one and all to bring new baby gifts of any sort, or diapers in any size so we can also give a 'shower' for the Pregnancy Center.

Lori Mateer, a practicing psychologist, will tell her touching story "Where Do I Fit In?", of being deluded by Bulimia and future reconciliation with her mother. We

hope many will invite young women to this enriching program.

In October we will once again have our annual fundraiser sale and live auction of crafts and gift items. We ask that all attendees either bring something (new) to donate, or enjoy the fun of bidding, or just relax and enjoy watching!! Sally Cable, a young career woman from Glenwood Springs, will speak on "What's Up With This Battle!" detailing the struggles we all put up with and how to deal with them.

Please give us a try. Reservations must be made to either Georgia Bennet, at 942-4319, or Dailesa DeVol at 942-3147 by the Monday before the luncheon. Tickets are \$8.00 at the door, for a delicious catered hot lunch and program. Hope to see you there!

Pleasant Valley Woodcarvers Club

By Chris Blosser

We are continuing to meet at the home of Bill Tunstall on Wednesday evenings from

6-8pm.
Anyone wanting more information may call Bill at 719-942-3325, or

Chris Blosser at 719-942-4649. All comers are welcome regardless of skill level.

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Food Share America

By Sherree Vancil, Site Coordinator for Howard, CO

Start saving money on your "Food Budget" today with Food Share America.

The Mountain Valley Church in Howard is now the local distribution point for the "Food Share America" program. This program has been helping people save money on their food for over 20 years. There are NO preset requirements, qualifications, fees, or a monthly commitment to start saving money on quality food. There are a wide variety of frozen meats and vegetables, fresh produce, and grocery items. The

only qualifications are, "if you eat-you qualify." The food is of great quality and the savings are tremendous. The food items that can be ordered change slightly from month to month and can be seen online at their website or a menu (order form) can be picked up at the Church. There are 3 ways to order: **1.** Order at Mountain Valley Church (Call 942-4081 or 942-3200 for date and time of Order Day) using cash, check or electronic food stamp card. **2.** Order online at www.sharecolorado.com or www.foodshareamerica.com

using Visa or MasterCard. **3.** OR Call (303) 428-0400 or toll free (800) 933-7427 – M-F 9-5 and order using Visa, MasterCard or Food Stamp Card.

We want to thank everyone who has participated in making our first 2 months a success and we look forward to helping more people save money on their monthly food budget in the future with this great "Food Share America" program. For more information, call 942-4081 or 942-3200.

In Memoriam:

Don Grubb

"Good friends and neighbors will always be missed."



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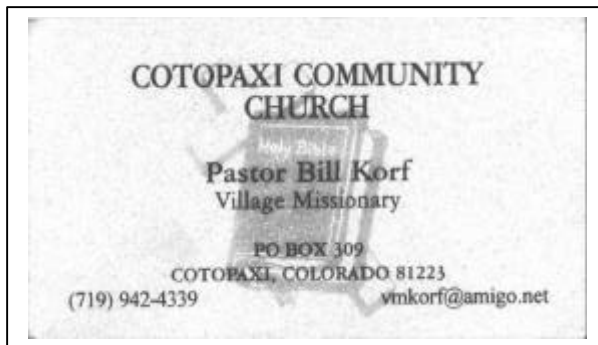
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If you have any ideas, comments, etc., regarding this newsletter, please contact us. Especially if you would like to contribute a story!



Local Web Sites

Check out <http://howardcolorado.com> - it's a site maintained by Sherree Vancil, and she has opened it up to items of interest to the whole Pleasant Valley area, **including a link to the latest edition of this newsletter (http://howardcolorado.com/Valley_News/Valley_News.html)**, which will be available, in color, even **before the print copies are available.**

If you are willing to read the Newsletter online, we can save money by printing fewer copies. And, be sure to contact Sherree with any items you think should/could be posted on the site. Contact information is on the site.

Also, check out the Coaldale Web site at <http://www.coaldaleco.info/>. You will find a copy of this newsletter, the schedule for use of the Community Building, and more.

