

The Valley News

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CCBA News

By Suzanne Tonnesen – CCBA

In remembrance of 2008, I just want to thank everyone for your generous support of the community and the community building. Once again you helped to make our annual chili supper/auction fundraiser in October a great event! The food was delicious and we raised enough money to purchase a new, more efficient furnace for the building. Hopefully this will help to cut our costs for propane dramatically during the winter (one of our biggest expenses). Installation is expected to be completed on January 28th. The last event of 2008 was an Open House/Craft Fair in December. Live music, homemade goodies, hot apple cider, and locally made crafts combined for a merry afternoon. Thank you to everyone who donated their time and energy to make it happen.

In an effort to further reduce heat loss from the building this winter, the board discussed making some simple, temporary "storm windows" for the inside of the building (something that

can be easily installed and removed each year). If anyone has the skills necessary and is willing to make something or has some building supplies that could be donated (such as wood for framing, screws, plastic sheeting, etc.), it would be greatly appreciated. The merry-go-round is also in desperate need of repair, so if anyone would like to donate supplies and/or labor for either project, please let me know.

Something new for 2009 is a website for Coaldale (<http://www.coaldaleco.info/>). You can use it to access community information, download the newsletter, and find out about upcoming events on the community calendar. If you would like to add anything to the website, such as business information, please let me know. It's free. Also, if you have any suggestions for programs, classes, events, etc. that you would like to see at the building in 2009, please let me know. We are always open to new ideas.

Suzanne Tonnesen 942-3935 or
tonnesen@coaldale-co.us

Coaldale Community Cemetery Association

By Shar Faison

Not much news from the Cemetery Association this quarter. It seems that so much work has been done on the new development, a flurry of activities happening all at once, and now we are just about finished! We are awaiting word from Kevin Champion re: the building of the gazebo. That may have to wait until the weather is better for cement pouring, etc. As many of you may know, our benefactor for the new fence has died. Dean DeVore lost his battle with pancreatic cancer this fall. One last

generous gesture that he did for the cemetery was to replace the tattered flag at the old cemetery. We will miss Dean.

The gridding of the cemetery will be done late in the spring when the weather permits and then we should be ready to offer gravesites for sale. We will keep you posted. The CCCA would like to thank all that have helped with the new development --- whether you supplied labor, materials, or just helpful suggestions --- this has been quite an event!!

U.S. Census – 2010 - JOBS

By Gay Lynn Steadman,
Recruiting Assistant
US Census 2010

The U.S. Census Bureau is gearing up for the 2010 Census—and it needs help to ensure everyone is counted.

Temporary Census Jobs Offer Good Pay, Flexible Hours

Census jobs offer flexible schedules and paid training, along with reimbursement for authorized mileage and expenses. In our area, the starting pay is \$11.00 per hour (pay rates vary across the U.S.), and the current reimbursement for mileage is 58.5 cents per mile.

There will be applicant training

sessions in Howard and in Coaldale. However, we have to make it very clear that applicants need to call **1-866-861-2010** or 1-719-234-0380 to get signed-up to apply. We can only test about 12 - 15 people at a time, so those who sign-up reserve their seat at the applicant sessions. (Most times we can't accommodate walk-ins, unless someone who signed-up doesn't show-up.)

When you call the toll-free number, the system will ask you for your Zip code, and then connect you with the Colorado Spring office.

2010 Census job applicants must be at least 18 years old, have a valid Social Security Number, and be able to pass a background check and take an employment test that measures knowledge, skills and abilities required to perform a variety of census jobs.

So, if you know the area pretty well, including all those “back roads” where houses are hidden away, and if you would like to earn some extra money for a part-time job, call **1-866-861-2010** today!



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Personal Story

Editor's Note: In this issue, we're going to combine two previously used ideas. We will have Margaret Copen give her recipe for Poor Man's Potato Soup, and tell a personal story of how the soup originally came about. We'll end with some ideas for variations.

I was born and raised in Austria. During the Great Depression, food was hard to come by, but nearly everyone had a small garden that always included potatoes and onions. So, Poor Man's Potato Soup was a common meal. I learned it from my mother. It started out with lots of potatoes, diced and boiled. While they were boiling, you would lightly sauté some onions. Quantities of everything depend on your tastes and how many people you're cooking for. If you had a little bacon, you would put a couple of pieces in a pan and fry them. When they were done, you

removed the bacon and put it away, as you just wanted the bacon fat.

When the potatoes and onions were done, you would add them (with the cooking water) to the onions and bacon fat. Then, you add water, salt, pepper, a little celery if you have it, a bay leaf, and just a pinch of caraway seeds. Heat all of this until it is hot and the flavors are blended. Then remove the bay leaf.

Serve in bowls, with a little chopped chive sprinkled on top, or use the tops of green onions. Serve with rye bread or biscuits (my late husband, Ivan, liked biscuits best).

I met my husband and married him in Austria. He was career U.S. military. We first came to the U.S. in 1949, but then he was sent to Germany. Fortunately, I was able to go with him. We lived in base

housing, and many of my relatives from Austria were able to visit us. That was very nice. We came back to the U.S. in 1953. We ended up in Howard, and bought the Frontier Café in 1973. It was the only restaurant for miles at the time, so we did pretty well. We sold it in 1980. It later burned, and the owners didn't want to rebuild, so we bought it back around 1985, rebuilt and reopened it. We sold it again in the late 1990s.

My husband was killed in an auto accident, and I now live in Salida, with two of my three daughters nearby. My oldest daughter lives in Sierra Vista, Arizona.

Now that most people are not as poor as we were in the Depression, you can add just about any kind of meat or vegetables you like to the soup. We have added sliced hot dogs, which the kids liked.

Coaldale Quilters

By Shar Faison

We continue to meet on Tuesdays about 9:00 AM until ??? A Christmas luncheon was held at Barry's Den at Texas Creek and enjoyed by all that attended. Fat quarters (if you are a quilter or seamstress, you will understand that term)

were exchanged and we just visited and fellowshiped until early afternoon. By the time the newsletter is out, the quilters will be hard at it once again after the Christmas break. We have had a couple of newcomers this fall and would like to

encourage all to come join us. Just remember to bring a sack lunch and come ready for some good fellowship --- maybe even get some work done on a project or two!! See ya there.

Coaldale Yoga Club

By Janet Engel

Coaldale yoga classes continue to bring many benefits to its participants.

Classes consist of various physical poses and movements, as well as breathing exercises and guided relaxation.

Dick Carney, Coaldale resident and regular participant in yoga has this to say:

"My wife practiced yoga for a few years before I did, before we moved to Colorado. As a bystander, I never really considered it real "exercise", and considered it mainly just stretching. But my first yoga class convinced me otherwise. It is beneficial

both as aerobic and as strength exercise, which is important as we get older. I was surprised to find that after a yoga class I wasn't tired and worn out as if I'd been to the gym doing conventional exercises. I think this is due to the attention that yoga puts on steady, even breathing as you go through the poses. This attention to your breathing also allows you to focus better, calming and uncluttering the mind. To any skeptics, like I was, I suggest giving it a try. The Monday morning class in Coaldale is a great way to begin your week."

Coaldale resident, Steph Brady says:"... yoga helps your mind, body, and soul. It gives everybody good energy to practice at the Coaldale Community Building..."

Yoga classes meet at 8:45-10:15 and 10:30-11:45 every Monday morning at the Coaldale Community Building. Newcomers welcome!! For more information on yoga classes, or to register call:

Janet Engel

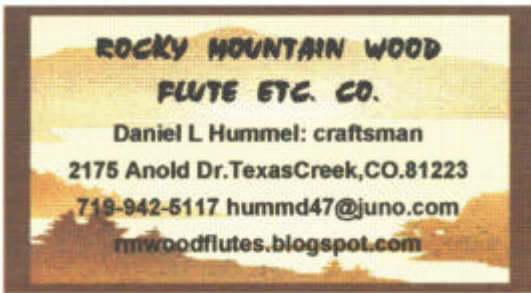
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Christian Women's Connection

By Celeste Strid, Chair

Ladies, if you'd enjoy getting out of the house for a fun catered luncheon, please bring a friend and come to the Howard/Cotopaxi Christian Women's Connection, held every third Wednesday of the month at the Coaldale Community Building, from 12 to 1:45. There is no membership and everyone is welcome. We usually accommodate 50 to 60 ladies who come from near and far. Barry's Den now caters our hot lunch. **Reservations are necessary.** Call Georgia Bennett at 942-4319.

In February, on the 18th, we will enjoy "Sweet Surprises!" as we are inviting Debby Moore, from Fandies Candies in Canon City to show and tell about her shop's yummy confections. There might even be a treat for all! Since she is also a recording artist she will sing for us too. Everyone will enjoy our

speaker, Lois Ann Groves, a Pillsbury Bakeoff winner, MOPS speaker, and physician's wife from Golden who will tell a common story, "Life So Full, Yet Heart So Empty." What's the point of it all? You'll like the ending!!

On March 18th, we're goin' to the dogs!! "Tales from a Top Dog" is our theme, with Norine Ginsberg's wonderful service dog, Jack, bringing our feature. Jack will show us how he is trained to assist the handicapped (not the blind). Sara Canterbury will sing, and Billie Ann Brown, outdoor enthusiast from Del Norte will tell a great real-life Cinderella tale "From Heartbreak to Happiness."

Yes, we will be meeting on Wednesday, April 15th! If your taxes are filed you might want some relief. Come to our pre-Spring program. Linda Geiling, "the Bluebird Lady"

from Howard, will tell how she makes, installs, cleans and reports on Blue Bird Houses for the DOW. A favorite vocalist, Gwen Chermack, former manager of the gun shop in Salida, will share her fabulous talent with us, and speaker, Cricket DiGangi, from Buena Vista, has an upbeat topic "Brimful of Hope!"

A head's up about May 20! We'll have a wonderful trunk fashion show by former model, Mary Lou Powell. You won't believe the fashions she finds at thrift shops!! Mark your calendars now.

A big "thank you" for allowing the Howard/Cotopaxi Christian Women's Connection to meet at the Coaldale Community Building each month. We do appreciate all the CCBA does in keeping the building up.

Questions, call Celeste Strid, 942-5023.

Pleasant Valley Woodcarvers Club

By Chris Blosser

We are continuing to meet at the home of Bill Tunstall on Wednesday evenings from

6-8pm. Anyone wanting more information may call Bill at 719-942-3325, or

Chris Blosser at 719-942-4649. All comers are welcome regardless of skill level.

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Coaldale Valley Club

By Becky Olson, President

Well its a new year, we will be meeting the first Thursday of each month. Luncheon is at 12 Noon and our business meeting will follow.

Come and join us for a little conversation and good food. If you have any questions, please contact Sharon Clifton, secretary,

at 942-4397 or Becky Olson, president at 942-3071. Hope we all have a prosperous and healthy New Year.

Howard Lending Library

The Howard Lending Library is now open from 10 AM to 2 PM seven days a week. It is located upstairs in the Howard Fire Station /

Community Building. Come on in and see what we have. If you have any unwanted books, please consider donating them to our collection.

For more information, please call Dailesa DeVol at 942-3147 or Doris Ragan at 942-3430.

In Memoriam:

Dean DeVore

"Good friends and neighbors will always be missed."



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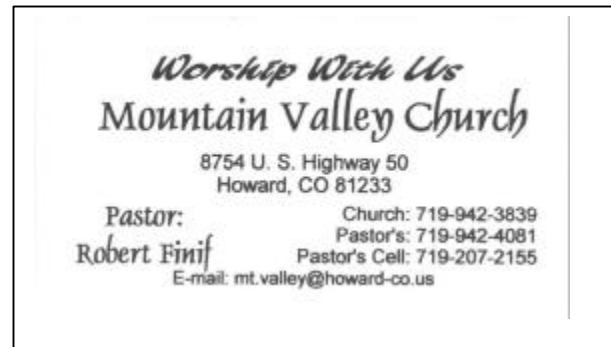
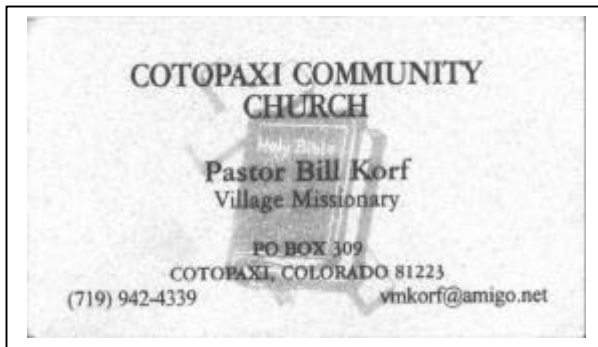
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If you have any ideas, comments, etc., regarding this newsletter, please contact us. Especially if you would like to contribute a story!



Local Web Sites

Check out <http://howardcolorado.com> - it's a site maintained by Sherree Vancil, and she has opened it up to items of interest to the whole Pleasant Valley area, **including a link to the latest edition of this newsletter** (http://howardcolorado.com/Valley_News/Valley_News.html), which will be available, in color, even **before the print copies are available**.

If you are willing to read the Newsletter online, we can save money by printing fewer copies. And, be sure to contact Sherree with any items you think should/could be posted on the site. Contact information is on the site.

Also, check out the new Coaldale Web site at <http://www.coaldaleco.info/>. You will find a copy of this newsletter, the schedule for use of the Community Building, and more.

