

The Valley News

Contents:

CCBA News: 1

Coaldale Valley Club: 2

CCCA: 2

Coaldale Quilters: 3

Yoga: 3

CWC: 4

Local Artist Has Showing: 4

Hantavirus Primer: 5

Internet Service: 5

Personal Stories: 6

CCBA News

By Donna Griesel, CCBA President

The kitchen, stage, and storeroom of the Community Building received some much-needed attention in July. Over the years a lot had accumulated in cupboards, on shelves, and on the stage. A team of hard workers met at the building and spent a morning cleaning and organizing. Thanks to all of you who came to help.

The historic structure assessment of the building has begun. Jackie Powell and Gary Higgins have been busy going

over the building from the bottom to the top, inside and out. The first draft of their findings and suggestions will be completed by the end of December.

A Southwest Barn Dance was held at the Community Building on August 26th. The food was abundant and delicious, the musicians set toes a-tappin', and the dancing was fun for everyone, young and older. Another huge thank you to all the people who helped with this.



Coaldale Valley Club

By Becky Olson

We have started our meetings up again after having the summer off. Our meetings are held the 1st Friday of each month. We have a pitch-in lunch, then a short business

meeting; please feel free to come join us.

In November, we will be filling Christmas boxes for needy children. If you would like to help or make

a donation, please contact Becky Olson, 942-3071, or Sharon Clifton, 942-4397.

In December, we will have a Christmas luncheon and gift exchange.

Coaldale Community Cemetery Association

By Shar Faison

"We do need help from the public to locate the following folks..."

(1) Majorie Ackels (2) 3 families with last name of Hansen (3) Michael and Rosalind Telck."

Letters went out to the public re: the spaces that families have reserved for their future use. There is now a \$100 cost for each space reserved and we are asking the public to get the monies in to the Association or let us know if they no longer desire to reserve a certain space. The monies raised will be used to help develop the new cemetery for community use in a few years when the spaces available in the old cemetery are gone. Several thousand dollars are anticipated to be needed in gravel for a road, fencing, signage, and general development of the areas for grave-sites. Grants will be applied for in the future to supplement our available funds.

We do need help from the public to locate the following folks or some information on these families: (1) Majorie Ackels (2) 3 families with last name of Hansen (3) Michael and Rosalind Telck. We have been able to locate and notify most of the folks that want to reserve spaces and we sent out the notices to one family member when several same family requests were made. Any way you can help with this tremendous project would really be appreciated.

Also, if anyone has any history or information on anyone buried in the cemetery, particularly those that have been interred for a long period of time, it would be greatly appreciated. We are trying to compile as much

history as we can gather. It is helpful for folks looking for lost relatives" or doing genealogy studies. Any information can be written and sent to PO Box 62 (the cemetery PO) or phoned to any board member. We do appreciate the help from the community and solicit your input for the future of the cemetery. The next CCCA meeting will tentatively be about Nov. 19, 2006 at 6 PM at the Community Building. Be sure to verify this at the Post Office, as all meetings are posted on the chalkboard there.

And finally, the cleaning of the cemetery in preparation for Veterans Day will be Saturday, October 28th. Volunteers will be appreciated.

Coaldale Quilters

By Shar Faison

We have started the winter meetings for the Coaldale Quilters. Each Tuesday of every week around 9 AM, we meet at the Community Building and stay until we decide it is time to call it a day! A soup and salad lunch was enjoyed the first week and was sort of a welcome-back day.

Usually participants bring their own lunch but

sometimes we do plan a potluck or theme luncheon.

Just a reminder to all ladies in the area, do come and enjoy the fellowship; you don't have to be a quilter to come and participate.

There is a wealth of experience in quilting, and various handworks available to whomever needs the help ---- and always lots of ADVICE

freely given as well. The annual fee is \$10, and 25 cents a week is collected to help with the cost of the propane to heat the building while we happily quilt away. So bring those unfinished quilts, projects for Christmas, handwork, or whatever, and join us each Tuesday for a day of good company, good cheer, and just plain ole fun!!

"... you don't have to be a quilter to come and participate."

"...join us each Tuesday for a day of good company, good cheer, and just plain ole fun!!"

Yoga

By Doris Frizzell

Give yourself a moment of peace and calm - practice yoga at the Coaldale Community Building!

Hatha yoga classes are taught by Doris Frizzell. A resident of Salida, Doris has completed over 200 hours of teacher training (registration with Yoga Alliance pending), and also teaches at the Salida Yoga Center. Doris' personal practice spans over 25 years, enabling her to teach

from experience to students with the varying physical issues that life and aging inevitably bring.

Yoga in Coaldale is truly "community" yoga. A group of dedicated students meets each Monday and Thursday morning. Classes are designed to inspire and challenge, with instruction and options offered to enable each student to adapt the practice to his or her own body and level of experience. Beginners

are welcome!

Yoga complements and enhances other activities of life. For those who work at a computer or spend a great deal of time driving, yoga helps correct imbalances which develop in the shoulders, muscles and upper body, making everyday chores easier. Bicyclists, runners, hikers, skiers, boaters, and those who are active in their work will find that yoga helps develop flexibility and balance. No one is too

stiff or "inflexible" to do yoga, and everyone can benefit from this gentle yet challenging practice! Class is held each Monday and Thursday morning from 9:00 - 10:30 A.M. Bring a mat and a blanket; if you need these supplies, they are available for purchase.

For more information, call Doris at (710) 539-6295, or e-mail at d.frizzell@bresnan.net.

Yoga: Health, Balance, Peace.



Christian Women's Connection

By Celeste Strid, Chair

"For information and reservations call Kathryn Spight at 942-3052, or Celeste Strid at 942-5023!"

Ladies, you are all invited to Christian Women's Connection, meeting on the third Wednesday at noon at the Coaldale Community Building. All women are welcome! Our hot lunch is catered by Sandra Canterbury and is a "draw" in itself, as it is always delicious! Here's the scoop on our upcoming programs.

In October our theme was "Cozy as a Quilt." Eva Knight, an award-winning quilter from Cheyenne and past President of the Wyoming Quilt Guild,

spoke on love and life, and showed her quilts as illustrations to her story.

In November we always feature an Auction/Sale fundraiser, "Country Shopping Spree!" — Wednesday, November 15th. We'll spend the first ½ hour selling the things *we* have contributed -- hand-made crafts, sewn projects, Christmas items and gifts, and baked and canned items. The most "interesting" things will be live-auctioned later in the program. Dave White, from Bandera's

Bunkhouse in Howard, will sing and also be our "Auctioneer." Leta Dahlberg, from Silver Cliff Ranch Retreat Center in Nathrop, will speak. This one will begin at 11:30 AM to allow time for the sale.

Reservations are a must. For information and reservations call Kathryn Spight at 942-3052, or Celeste Strid at 942-5023.

Local Artist Has Showing

Coaldale Artist Scott Engel had a showing of some of his photography on September 2nd at the Gallery Artpost. The showing was of close-up photographs of decomposing magazines, maps, and other printed material. Scott specializes in photos of what many of us consider everyday scenes, especially in small towns on the plains. He also was commissioned by the Denver Office of Cultural Affairs' Public Art Program to direct a video photographer where to

place a video camera to capture a few minutes of life in several scenes video taped in the plains of Colorado. Out of about 20 such 8-10 minute videos, four were selected to be shown continuously in one of 12 elevators in the Hyatt Regency Denver at the Colorado Convention Center. Eleven other artists and videographers were similarly selected and commissioned to make videos for the other 11

elevators in the hotel.

A native of Portland, Oregon, Scott moved to San Francisco, where he received his Bachelor of Fine Arts degree, specializing in photography, from the San Francisco Art Institute. He then moved, in 1975, to Boulder, where he received his MFA from the University of Colorado. He then spent 25 years teaching in the Art Department at Arapahoe Community

College, in Littleton.

Scott and his wife Janet bought their land in Coaldale about eight years ago, camped on it for several years, and then had their house built. After their house in Littleton sold, they spent a couple of months in a cabin at the Big Horn Sheep Campground, waiting for the final touches on their house. They will have been in their house three years in December.

A Hantavirus Primer

By Donna Griesel

- The Deer Mouse is the primary carrier of the virus, although all rodents can be carriers.
- The Hantavirus is found in the urine, feces, and saliva of the rodent, which get into the air as mist or dust. Breathing in the virus is the most common way of becoming infected.
- Before cleaning garages, sheds, or closed-in spaces, open them up for 10-12 hours to air out.
- After ventilating well, clean floors and surfaces by spraying with a 1-10 bleach to water solution. Let dry briefly and, while damp, sweep droppings and materials.
- Use a respirator or HEPA mask and gloves when cleaning potentially contaminated surfaces.
- Control access of rodents into your home by plugging holes with steel wool and insulating foam. Keep woodpiles at a distance from the home. Cut weeds and brush around the perimeter of the home.
- Be cautious when handling dead mice. Using gloves and/or tongs, place the mouse in a plastic bag, seal, place in a second plastic bag, and discard.

For more information, contact Bill Ray at (719) 545-4650 or bill.ray@state.co.us .

High-Speed Internet Service

By Leon Golden

Coaldale Area residents now have a High-Speed Internet option. RidgeviewTel has installed several receive/transmit radios in the area to provide this service. Most area residents will be able to get this service. This is a Line-of-Sight technology, so your location will be a factor to consider.

Their technicians will do a signal survey prior to the actual installation to

determine if you have a serviceable location.


You will need a network connection in your computer, or make arrangements to get one installed. If you choose to install a network card yourself, you can call RidgeviewTel tech support, and they will guide you through the process.

Prices for network cards for desktop computers start at about \$15, and

PCMCIA network cards for laptops with an available port start at about \$35.

There is no charge for the RidgeviewTel hardware installation. The monthly charge for this service is \$29.95.

You can obtain more information by calling, toll-free, 1-800-591-3060 or by going to the RidgeviewTel Website at www.RidgeviewTel.com .



Personal Stories

In this issue, we begin a new feature – personal stories, as told by people who lived in the area many years ago. Our first story is from Bill Parks, who lived here as a boy.

— — —

The current Community Building, which used to be a school, was built in 1923, but before that, there was another Coaldale School. The exact location is not known for sure. The photo here is from 1895.

I attended the Coaldale School, in its current location, for about ½ year in 1936, when there were about 60 students. My family moved to Cañon City after our house burned down at Christmas. We returned to Coaldale, and I attended

Coaldale School again in 1943 and 1944. At that time, I was in eighth grade, and was the valedictorian (5 students total).

There used to be a town, called Barnes City, up near what is now Cutty's Campground. Many cabins were built there. Some were later moved down into Coaldale, including what is now the Health Clinic. It was pulled down in 1928.

Also, my Dad bought a cabin and pulled it, with a team of 4 horses, down to the ranch we lived on, for hired hands to live in. Dad was a County Commissioner for 32 years.

During World War II, many people moved away, so in 1956, several

schools, including those in Coaldale, Howard, and Hillside, were consolidated into Cotopaxi.

Now designated as a Historic Site, plans are underway to restore the building as closely to the original condition as possible, given current building codes, etc.

This will be done using funds, from the Colorado State Historical Society, which originate from the 22% gambling tax.

There are currently about 3000 visitations per year to the building.

As a last note, Thanks go to Clint Base, for deeding the parking lot property to the clinic, which was then transferred to the Community Building.



About the CCBA Newsletter...

The CCBA Newsletter is published quarterly at the end of July, October, January, and April.

Publisher: Donna Griesel, 942-4120

Editor: Ray Edwards, 942-3204

If you have any ideas, comments, etc., regarding this newsletter, please contact either one of us. Especially if you would like to contribute a story!
